

# VIRTUAL CLASSES

## **MONDAY | 6.10PM**

Yoga with Miranda

## **TUESDAY | 09.45AM**

Yoga with Miranda

## **TUESDAY | 11.30AM**

Pilates with Alexandra

## **FRIDAY | 11.30AM**

Yoga with Laura

## **WEDNESDAY | 9.45AM**

Yoga with Miranda

## **WEDNESDAY | 12.30PM**

Yoga with Sian

## **THURSDAY | 12.15PM**

Pilates with Michaela

