VIRTUAL CLASSES

MONDAY | 6.15PM

Yoga with Lucy

TUESDAY | 6.15PM

Fitness Pilates with Vikki

WEDNESDAY | 6.15PM

Yoga with Miranda

THURSDAY | 6.15PM

Pilates with Alex

FRIDAY | 6.15PM

Body Blast* with Vikki

SATURDAY | 10.15AM

Kum Nye Yoga** with Paula

SUNDAY | 10.15AM

Pilates with Alex

*Space needed to jump around **Cushion & blanket required

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