

	Monday 13/05/19	Tuesday 14/05/19	Wednesday 15/05/19	Thursday 16/05/19	Friday 17/05/19	Saturday 18/05/19	Sunday 19/05/19
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00	06:30-14:00
Swim	06:30-10:00 18:00-20:00	06:30-14:00 20:00-22:00	06:30-09:45 11:30-14:00	06:30-10:30 12:00-14:00 20:00-22:00	08:00-10:30 11:00-12:30* 12:30-13:45 20:30-22:00	06:30-09:00 <b>Family Swim</b> 12:45-13:45	06:30-09:00 <b>Family Swim</b> 11:45-12:45
Squash	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00	06:40-14:00
Coffee Shop	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00	08:00-14:00

	Monday 20/05/19	Tuesday 21/05/19	Wednesday 22/05/19	Thursday 23/05/19	Friday 24/05/19	Saturday 25/05/19	Sunday 26/05/19
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-10:00	06:30-14:00
Swim	06:30-10:00 18:00-20:00	06:30-09:00 12:30-14:00 20:00-22:00	06:30-09:45 12:30-14:00	06:30-09:00 12:00-14:00 20:00-22:00	08:00-10:30 11:00-12:30* 12:30-13:45 20:30-22:00	06:30-10:00	06:30-09:00 <b>Family Swim</b> 11:45-12:45
Squash	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-10:00	06:40-14:00
Coffee Shop	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-10:00	08:00-14:00

	Monday 27/05/19	Tuesday 28/05/19	Wednesday 29/05/19	Thursday 30/05/19	Friday 31/05/19	Saturday 01/06/19	Sunday 02/06/19
Gym	06:30-22:00	06:30-22:00	06:30-22:00	06:30-22:00	06:30-22:00	06:30-14:00	06:30-14:00
Swim	06:30-11:00 <b>Family Swim</b> 11:15-12:15 12:30-14:00 18:00-20:00	06:30-11:00 <b>Family Swim</b> 11:15-12:15 12:30-14:00 20:00-22:00	06:30-11:00 <b>Family Swim</b> 11:15-12:15 12:30-14:00 18:00-22:00	06:30-11:00 <b>Family Swim</b> 11:15-12:15 12:30-14:00 18:00-22:00	06:30-11:00 <b>Family Swim</b> 11:15-12:15 12:30-14:00 18:00-22:00	06:30-08:00 <b>Family Swim</b> 12:45-13:45	06:30-09:00 <b>Family Swim</b> 11:45-12:45
Squash	06:40-22:00	06:40-22:00	06:40-22:00	06:40-22:00	06:40-22:00	06:40-14:00	06:40-14:00
Coffee Shop	08:00-20:00	08:00-20:00	08:00-20:00	08:00-20:00	08:00-20:00	08:00-14:00	08:00-14:00

	Monday 03/06/19	Tuesday 04/06/19	Wednesday 05/06/19	Thursday 06/06/19	Friday 07/06/19	Saturday 08/06/19	Sunday 09/06/19
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00	06:30-14:00
Swim	06:30-10:00 18:00-20:00	06:30-14:00 20:00-22:00	06:30-09:45 12:30-14:00	06:30-09:00 12:00-14:00 20:00-22:00	08:00-10:30 11:00-12:30* 12:30-14:00 20:30-22:00	06:30-08:00 <b>Family Swim</b> 12:45-13:45	06:30-09:00 <b>Family Swim</b> 11:45-12:45
Squash	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00	06:40-14:00
Coffee Shop	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00	08:00-14:00

\* THREE SWIMMING LANES AVAILABLE

PLEASE DO NOT ENTER THE CHANGING ROOMS BEFORE THE STATED FACILITY START TIME  
AND PLEASE VACATE WITHIN 10 MINUTES OF THE STATED FACILITY CLOSING TIME