

Health Club Members Facility Timetable

	Monday 01/10/18	Tuesday 02/10/18	Wednesday 03/10/18	Thursday 04/10/18	Friday 05/10/18	Saturday 06/10/18	Sunday 07/10/18
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00	06:30-14:00
Swim	06:30-10:00 11:00-12:00 18:00-20:00	06:30-14:00 20:00-22:00	*06:30-09:15 10:45-13:45 18:00-19:00 20:30-22:00	06:30-09:00 12:30-14:00 20:00-22:00	08:00-10:30 12:30-14:00 20:30-22:00	06:30-08:00 Family Swim 12:45-13:45	06:30-09:00 Family Swim 11:45-12:45
Squash	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00	06:40-14:00
Starbucks	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00	08:00-14:00

	Monday 08/10/18	Tuesday 09/10/18	Wednesday 10/10/18	Thursday 11/10/18	Friday 12/10/18	Saturday 13/10/18	Sunday 14/10/18
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00	06:30-14:00
Swim	06:30-10:00 11:00-12:00 18:00-20:00	06:30-14:00 20:00-22:00	*06:30-09:15 10:45-13:45 18:00-19:00 20:30-22:00	06:30-09:00 12:30-14:00 20:00-22:00	08:00-10:30 12:30-13:45 20:30-22:00	06:30-08:00 Family Swim 12:45-13:45	06:30-09:00 Family Swim 11:45-12:45
Squash	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00	06:40-14:00
Starbucks	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00	08:00-14:00

	Monday 15/10/18	Tuesday 16/10/18	Wednesday 17/10/18	Thursday 18/10/18	Friday 19/10/18	Saturday 20/10/18	Sunday 21/10/18
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-22:00	06:30-14:00	06:30-14:00
Swim	06:30-12:00 18:00-20:00	06:30-14:00 20:00-22:00	*06:30-09:15 10:45-13:45 18:00-19:00 20:30-22:00	06:30-09:00 12:30-14:00 20:00-22:00	08:00-10:30 12:30-13:45 20:30-22:00	06:30-09:30 Family Swim 12:45-13:45	06:30-11:00 Family Swim 11:45-12:45
Squash	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-22:00	06:40-14:00	06:40-14:00
Starbucks	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-20:00	08:00-14:00	08:00-14:00

	Monday 22/10/18	Tuesday 23/10/18	Wednesday 24/10/18	Thursday 25/10/18	Friday 26/10/18	Saturday 27/10/18	Sunday 28/10/18
Gym	06:30-22:00	06:30-22:00	06:30-22:00	06:30-22:00	06:30-22:00	06:30-14:00	06:30-14:00
Swim	06:30-10:00 11:00-12:00 18:00-20:00	06:30-14:00 20:00-22:00	*06:30-14:00 18:00-19:00 20:30-22:00	06:30-09:00 11:00-14:00 20:00-22:00	06:30-10:30 12:30-13:45 20:30-22:00	06:30-08:00 Family Swim 12:45-13:45	06:30-09:00 Family Swim 11:45-12:45
Squash	06:40-22:00	06:40-22:00	06:40-22:00	06:40-22:00	06:40-22:00	06:40-14:00	06:40-14:00
Starbucks	08:00-20:00	08:00-20:00	08:00-20:00	08:00-20:00	08:00-20:00	08:00-14:00	08:00-14:00

* Between 06:30 and 07:45 there will be four lanes available for Health Club Members

PLEASE DO NOT ENTER THE CHANGING ROOMS BEFORE THE STATED FACILITY START TIME
AND PLEASE VACATE WITHIN 10 MINUTES OF THE STATED FACILITY CLOSING TIME