

	Monday 02/07/18	Tuesday 03/07/18	Wednesday 04/07/18	Thursday 05/07/18	Friday 06/07/18	Saturday 07/07/18	Sunday 08/07/18
Gym	06:30-22:00	06:30-22:00	06:30-22:00	06:30-22:00	06:30-22:00	06:30-14:00	06:30-14:00
Swim	06:30-10:00 18:00-20:00	06:30-14:00 20:00-22:00	*06:30-09:45 11:30-13:00 18:00-19:00 20:30-22:00	06:30-09:00 12:00-14:00 20:00-22:00	06:30-09:00 13:00-13:45 20:30-22:00	06:30-08:00 <i>Family Swim</i> 12:45-13:45	06:30-09:00 <i>Family Swim</i> 11:45-12:45
Squash	06:40-22:00	06:40-22:00	06:40-22:00	06:40-22:00	06:40-22:00	06:40-14:00	06:40-14:00
Starbucks	08:00-20:00	08:00-20:00	08:00-20:00	08:00-20:00	08:00-20:00	08:00-14:00	08:00-14:00

	Monday 09/07/18	Tuesday 10/07/18	Wednesday 11/07/18	Thursday 12/07/18	Friday 13/07/18	Saturday 14/07/18	Sunday 15/07/18
Gym	06:30-22:00	06:30-22:00	06:30-22:00	06:30-22:00	06:30-22:00	06:30-14:00	06:30-14:00
Swim	*06:30-10:00 18:00-20:00	06:30-14:00 20:00-22:00	*06:30-09:45 11:30-14:00 18:00-19:00 20:30-22:00	*06:30-09:00 12:00-14:00 20:00-22:00	*06:30-11:00 13:00-13:45 20:30-22:00	06:30-08:00 <i>Family Swim</i> 12:45-13:45	06:30-09:00 <i>Family Swim</i> 11:45-12:45
Squash	06:40-22:00	06:40-22:00	06:40-22:00	06:40-22:00	06:40-22:00	06:40-14:00	06:40-14:00
Starbucks	08:00-20:00	08:00-20:00	08:00-20:00	08:00-20:00	08:00-20:00	08:00-14:00	08:00-14:00

	Monday 16/07/18	Tuesday 17/07/18	Wednesday 18/07/18	Thursday 19/07/18	Friday 20/07/18	Saturday 21/07/18	Sunday 22/07/18
Gym	06:30-22:00	06:30-22:00	06:30-22:00	06:30-22:00	06:30-22:00	06:30-14:00	06:30-14:00
Swim	*06:30-10:00 12:30-14:00 18:00-20:00	06:30-14:00 20:00-22:00	*06:30-09:45 12:30-14:00 18:00-19:00 20:30-22:00	*06:30-09:00 12:00-14:00 20:00-22:00	*06:30-11:00 13:00-14:00 20:30-22:00	06:30-08:00 <i>Family Swim</i> 12:45-13:45	06:30-09:00 <i>Family Swim</i> 11:45-12:45
Squash	06:40-22:00	06:40-22:00	06:40-22:00	06:40-22:00	06:40-22:00	06:40-14:00	06:40-14:00
Starbucks	08:00-20:00	08:00-20:00	08:00-20:00	08:00-20:00	08:00-20:00	08:00-14:00	08:00-14:00

	Monday 23/07/18	Tuesday 24/07/18	Wednesday 25/07/18	Thursday 26/07/18	Friday 27/07/18	Saturday 28/07/18	Sunday 29/07/18
Gym	06:30-22:00	06:30-22:00	06:30-22:00	06:30-22:00	06:30-22:00	06:30-14:00	06:30-14:00
Swim	*06:30-11:00 <i>Family Swim</i> 11:15-12:15 12:30-14:00 18:00-20:00	*06:30-11:00 <i>Family Swim</i> 11:15-12:15 12:30-14:00 20:00-22:00	*06:30-11:00 <i>Family Swim</i> 11:15-12:15 12:30-14:00 18:00-19:00 20:00-22:00	*06:30-11:00 <i>Family Swim</i> 11:15-12:15 12:30-14:00 20:00-22:00	*06:30-11:00 <i>Family Swim</i> 11:15-12:15 12:30-14:00 20:30-22:00	06:30-08:00 <i>Family Swim</i> 12:45-13:45	06:30-09:00 <i>Family Swim</i> 11:45-12:45
Squash	06:40-22:00	06:40-22:00	06:40-22:00	06:40-22:00	06:40-22:00	06:40-14:00	06:40-14:00
Starbucks	08:00-20:00	08:00-20:00	08:00-20:00	08:00-20:00	08:00-20:00	08:00-14:00	08:00-14:00

* Between 06:30 and 07:45 there will be four lanes available for Health Club Members

PLEASE DO NOT ENTER THE CHANGING ROOMS BEFORE THE STATED FACILITY START TIME
AND PLEASE VACATE WITHIN 10 MINUTES OF THE STATED FACILITY CLOSING TIME