

	Monday 14/05/18	Tuesday 15/05/18	Wednesday 16/05/18	Thursday 17/05/18	Friday 18/05/18	Saturday 19/05/18	Sunday 20/05/18
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00	06:30-14:00
Swim	06:30-10:00 18:00-20:00	06:30-14:00 20:00-22:00	*06:30-09:45 12:15-13:00 18:00-19:00 20:30-22:00	06:30-09:00 12:00-14:00 20:00-22:00	08:00-09:00 13:00-13:45 20:30-22:00	06:30-09:00 <i>Family Swim</i> 12:45-13:45	06:30-09:00 <i>Family Swim</i> 11:45-12:45
Squash	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00	06:40-14:00
Starbucks	08:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00	08:00-14:00

	Monday 21/05/18	Tuesday 22/05/18	Wednesday 23/05/18	Thursday 24/05/18	Friday 25/05/18	Saturday 26/05/18	Sunday 27/05/18
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-10:00	06:30-14:00
Swim	06:30-10:00 18:00-20:00	06:30-14:00 20:00-22:00	*06:30-09:45 12:15-13:00 18:00-19:00 20:30-22:00	06:30-09:00 12:00-14:00 20:00-22:00	08:00-11:00 13:00-13:45 20:30-22:00	06:30-10:00	06:30-11:00 <i>Family Swim</i> 11:45-12:45
Squash	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-10:00	06:40-14:00
Starbucks	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-10:00	08:00-14:00

	Monday 28/04/18	Tuesday 29/05/18	Wednesday 30/05/18	Thursday 31/05/18	Friday 01/06/18	Saturday 02/06/18	Sunday 03/06/18
Gym	06:30-22:00	06:30-22:00	06:30-22:00	06:30-22:00	06:30-22:00	06:30-14:00	06:30-14:00
Swim	06:30-11:00 <i>Family Swim</i> 11:15-12:15 12:30-14:00 18:00-20:00	06:30-11:00 <i>Family Swim</i> 11:15-12:15 12:30-14:00 20:00-22:00	06:30-11:00 <i>Family Swim</i> 11:15-12:15 12:30-14:00 18:00-22:00	06:30-11:00 <i>Family Swim</i> 11:15-12:15 12:30-14:00 20:00-22:00	06:30-09:15 20:30-22:00	06:30-08:00 <i>Family Swim</i> 12:45-13:45	06:30-09:00 <i>Family Swim</i> 11:45-12:45
Squash	06:40-22:00	06:40-22:00	06:40-22:00	06:40-22:00	06:40-22:00	06:40-14:00	06:40-14:00
Starbucks	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00	08:00-14:00

* Between 06:30 and 07:45 there will be four lanes available for Health Club Members

PLEASE DO NOT ENTER THE CHANGING ROOMS BEFORE THE STATED FACILITY START TIME
AND PLEASE VACATE WITHIN 10 MINUTES OF THE STATED FACILITY CLOSING TIME