

Health Club Members Facility Timetable

W/C 16/4/18	Monday 16/04/18	Tuesday 17/04/18	Wednesday 18/04/18	Thursday 19/04/18	Friday 20/04/18	Saturday 21/04/18	Sunday 22/04/18
Gym	06:30-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00	06:30-14:00
Swim	06:30-12:00 12:30-14:00 18:00-20:00	06:30-14:00 20:00-22:00	*06:30-10:30 12:30-14:00 18:00-19:00 20:30-22:00	06:30-09:00 11:00-14:00 20:00-22:00	08:00-11:00 13:00-14:00 20:30-22:00	06:30-08:00 Family Swim 12:45-13:45	06:30-09:00 Family Swim 11:45-12:45
Squash	06:40-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00 18:00-22:00	06:40-14:00	06:40-14:00
Starbucks	08:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00	08:00-14:00

W/C 23/4/18	Monday 23/04/18	Tuesday 24/04/18	Wednesday 25/04/18	Thursday 26/04/18	Friday 27/04/18	Saturday 28/04/18	Sunday 29/04/18
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00	06:30-14:00
Swim	06:30-10:00 18:00-22:00	06:30-14:00 20:00-22:00	*06:30-09:45 12:15-13:00 18:00-19:00 20:30-22:00	06:30-09:00 12:00-14:00 20:00-22:00	08:00-09:00 13:00-13:45 20:30-22:00	06:30-08:00 Family Swim 12:45-13:45	06:30-09:00 Family Swim 11:45-12:45
Squash	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:40-14:00	06:40-14:00
Starbucks	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00	08:00-14:00

W/C 30/4/18	Monday 30/04/18	Tuesday 01/05/18	Wednesday 02/05/18	Thursday 03/05/18	Friday 04/05/18	Saturday 05/05/18	Sunday 06/05/18
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-22:00	06:30-14:00	06:30-14:00
Swim	06:30-10:00 18:00-22:00	06:30-14:00 20:00-22:00	*06:30-09:00 18:00-19:00 20:30-22:00	06:30-09:00 12:00-14:00 20:00-22:00	08:00-09:00 13:00-13:45 20:30-22:00	06:30-08:00 Family Swim 12:45-13:45	06:30-09:00 Family Swim 11:45-12:45
Squash	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:40-22:00	06:40-14:00	06:40-14:00
Starbucks	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00	08:00-14:00

W/C 07/05/18	Monday 07/05/18	Tuesday 08/05/18	Wednesday 09/05/18	Thursday 10/05/18	Friday 11/05/18	Saturday 12/05/18	Sunday 13/05/18
Gym	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00	06:30-14:00
Swim	06:30-11:00 11:15-12:15FS 18:00-20:00	06:30-14:00 20:00-22:00	*06:30-09:45 12:15-13:00 18:00-19:00 20:30-22:00	06:30-10:30 12:00-14:00 20:00-22:00	08:00-09:00 13:00-13:45 20:30-22:00	06:30-08:00 Family Swim 12:45-13:45	06:30-09:00 Family Swim 11:45-12:45
Squash	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:30-14:00 18:00-22:00	06:40-14:00	06:40-14:00
Starbucks	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00 18:00-20:00	08:00-14:00	08:00-14:00

* Between 6.30am & 7.45am there will be four lanes available for Health Club Members

PLEASE DO NOT ENTER THE CHANGING ROOMS BEFORE THE STATED FACILITY START TIME AND PLEASE VACATE WITHIN 10 MINUTES OF THE STATED FACILITY CLOSING TIME