

DAY	GYM	SWIMMING POOL	SQUASH COURTS	STARBUCKS
Saturday	06:30–14:00	06:30–08:00 & 12:45–13:45 ¹	06:40–14:00	08:00–14:00
Sunday	06:30–14:00	06:30–09:00 & 11:45–12:45 ¹	06:40–14:00	08:00–14:00
Monday	06:30–14:00 18:00–22:00	06:30–10:00 & 18:00–20:00 Aqua Fit 20:00–21:00	06:40–14:00 18:00–22:00	08:00–14:00 18:00–20:00
Tuesday	06:30–14:00 18:00–22:00	06:30–09:15 & 12:30–14:00 20:00–22:00	06:40–14:00 18:00–22:00	08:00–14:00 18:00–20:00
Wednesday	06:30–14:00 18:00–22:00	#06:30–09:45 & 12:15–13:00 18:00–19:00 & 20:30–22:00	06:40–14:00 18:00–22:00	08:00–14:00 18:00–20:00
Thursday	06:30–14:00 18:00–22:00	06:30–09:00 & 12:30–14:00 20:00–22:00	06:40–14:00 18:00–22:00	08:00–14:00 18:00–20:00
Friday	06:30–14:00 18:00–22:00	08:00–09:00 & 13:00–13:45 20:30–22:00	06:40–14:00 18:00–22:00	08:00–14:00 18:00–20:00
EXTRA SWIMMING 07/11 6:30am - 2pm 08/11 6:30am - 1pm 09/11 11am - 2pm 16/11 6:30am - 11am 23/11 6:30am - 11am 4/12 6:30am - 10.30am 6/12 12:30pm - 2pm 11/12 6.30am - 12pm 13/12 6.30am - 11am & 12.30pm - 2pm				

PLEASE DO NOT ENTER THE CHANGING ROOMS BEFORE THE STATED FACILITY START TIME AND PLEASE CLEAR THEN WITHIN TEN MINUTES OF THE STATED FACILITY CLOSING TIME

¹ Family swim

PLEASE REGULARLY CHECK OUR WEBSITE AND TIMETABLE APP
(SPEEDO FIT) FOR EXTRA FACILITY AVAILABILITY