

DAY	GYM	SWIMMING POOL	SQUASH COURTS	STARBUCKS
Saturday 21st October	06:30–14:00	06:30–08:00 & (Family Swim 12:45–13:45)	06:40–14:00	08:00–14:00
Sunday 22nd October	06:30–14:00	06:30–09:00 & (Family Swim 11:45–12:45)	06:40–14:00	08:00–14:00
Monday 23rd October	06:30–22:00	06:30–11:00 & (Family Swim 11:15–12:15) 12:30–14:00 & 18:00–20:00	06:40–22:00	08:00–20:00
Tuesday 24th October	06:30–22:00	06:30–11:00 & (Family Swim 11:15–12:15) 12:30–14:00 & 20:00–22:00	06:40–22:00	08:00–20:00
Wednesday 25th October	06:30–22:00	*06:30–11:00 & (Family Swim 11:15–12:15) 12:30–14:00 & 18:00–22:00	06:40–22:00	08:00–20:00
Thursday 26th October	06:30–22:00	06:30–11:00 & (Family Swim 11:15–12:15) 12:30–14:00 & 20:00–22:00	06:40–22:00	08:00–20:00
Friday 27th October	06:30–22:00	06:30–11:00 & (Family Swim 11:15–12:15) 12:30–14:00 & 20:30–22:00	06:40–22:00	08:00–20:00
PLEASE DO NOT ENTER THE CHANGING ROOMS BEFORE THE STATED FACILITY START TIME AND PLEASE CLEAR THEN WITHIN TEN MINUTES OF THE STATED FACILITY CLOSING TIME				

\*Wednesdays between 6.30am & 7.45am there will be four lanes available for Health Club Members

PLEASE REGULARLY CHECK OUR WEBSITE AND MOBILE APP FOR EXTRA FACILITY AVAILABILITY